EDITORIAL

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Taking advantage of this new issue of our SALUTA Journal, we would like to inform our readers about the advances in our new academic offerings in the Faculty of Health Sciences, since it is important for the Metropolitan University of Education, Science and Technology (UMECIT) to continue working for the consolidation of an educational project, currently focusing on its development and impact on the health sector. Therefore, we continue to advance in the implementation of new and innovative careers and programs that will result in the evolution of the country.

As an advance to this dedicated work, it is an honor for the University to announce the new academic offerings such as the Bachelor’s Degree in Radiology and Medical Imaging, as well as the Specialization in Sports Psychology program, career and program whose launches will be made soon and that its implementation will generate a positive impact on society and especially in the different sports teams, starting directly with those with which UMECIT has, and directly or indirectly in existing teams nationally and internationally.

The proposal of these programs stems from several of the social needs that exist in the community. For its part, the Bachelor’s Degree in Radiology and Medical Imaging is linked to the need to train more qualified professionals who with the help of technological advances can be assertive in their diagnoses and provide a more effective and timely service, and thus be able to meet the high demand that has been reflected in the country, both in general diseases and injuries.

To fulfill this purpose UMECIT has worked in the development of spaces, laboratories, equipment and trained personnel necessary for students to have all the requirements that allow them to receive and us to provide training with the high educational quality that characterizes us as a University.

In addition, the Bachelor’s Degree in Radiology and Medical Imaging has a close relationship with the Bachelor’s Degree in Physiotherapy, since, although both degrees have different areas of study and have their own functions within health, the good diagnosis of a radiologist is essential for the good physiotherapeutic process of a patient. Previously, we have mentioned that the Bachelor’s
Degree in Physical Therapy is one of our careers whose demand has had a significant increase, and given the great connection with Radiology, we consider it ideal that both degrees grow hand in hand.

In the same line, we continue to strengthen the laboratories of the Faculty of Health Sciences with state-of-the-art technology that will contribute to the training of new professionals and their employability.

On the other hand, the increase in the demand for the Bachelor’s Degree in Physical Therapy is attributed to the number of injuries that have been generated as a result of a greater interest and participation of society in the field of Sports. This analysis has led us to grow in the area of physical health for our athletes, however, we must ensure in the same way for their mental health, so we have directed new developments in this direction by offering the program of Specialization in Sport Psychology.

This program focuses on the analysis of cognitive, emotional, psychic factors, human behavior according to the environment and other internal and external factors that influence sports performance and the performance of physical activities of a person. Mental preparation is of vital importance in the training of an athlete since not having a good management in emotional and mental intelligence develops in people the feeling of frustration.

Socially, it has also been demonstrated that sport is a tool for the prevention of violence and social risk, and the environment that surrounds the athlete has a great influence on their performance, so we also analyze and work on external factors that may contribute to poor physical and mental performance of the person.

We offer this program with the aim that the psychological accompaniment causes an impact both to the assisted athlete, so that he/she has the emotional capacity to continue with his/her objectives and accomplish his/her goals, as well as an impact to his/her family environment, coaches, community and consequently to the society in general.

For all the above-mentioned advances, we invite you to read the interesting and enriching articles contained in this new edition of our SALUTA Journal, since they contribute to the development of innovation and knowledge generation for the scientific community.