

PRESENTATION OF THE EDITION

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The field of science has countless topics to address the different needs that we see in our context, in recent years it is evident the review of relevant issues and oriented to the search for a healthy and integral life in all aspects of the health of people, therefore the Metropolitan University of Education, Science and Technology (UMECIT) presents the seventh edition of the SALUTA Journal, space for publication of intellectual products with findings that aim to respond and / or alternatives to aspects related to health sciences.

The edition number 7, year 5 of the SALUTA Journal, corresponding to January-June 2023, contemplates 5 articles among which stand out: research articles, review articles and innovation for practice.

We begin the edition with the article by Victor Tejada with the theme **“Perception of happiness in psychology students of the UMECIT facing the COVID-19 pandemic”** who stated that happiness improves people’s lives since it is an essential part for the mental health and well-being of all human beings, however, the perception of this can change according to different experiences, in this case, by the events that produced the COVID-19. This study, according to the results obtained, points out that happiness is a highly subjective experience, so it will depend very much on the experience of each individual.

Bernardo Echemendia and collaborators in their study called **“Clinical epidemiological characterization of an outbreak of Hepatitis A. Independencia Integral Diagnostic Center, Tachira State, Venezuela 2019”** highlight, among their conclusions, that in the outbreak, the male sex predominated, with the age group ranging from 15 to 21 years old and the occupation of worker. They also emphasize that the presence of mechanical vectors, consumption of untreated water and overflowing of sewage pipes were the risk factors of greatest exposure in the cases studied.

Next we present the work of Jhon Camacho, Sebastián Jaramillo, Juan González, Alba Murillo and Luis Rangel entitled **“Prevalence of behavioral risk factors associated with non-communicable diseases in Colombian hikers”**, who proposed that hiking is a type of physical activity and its practice shows health benefits. Among their conclusions they mention that the prevalences of the behavioral risk factors analyzed in this study are lower than those registered in the general population in the global context.

The study entitled **“Educating about sexual diversity: Diverse understandings from the experience of young people from universities in Palmira and Bogota”** presented by Yulian Saavedra, Linda Orcacita and Livingston Grisel was aimed at knowing the understandings and recognition of sexual and gender diversities of five young people; as well as their support networks, through the approach to their realities in reflective dialogue meetings; oriented to generate changes in the meanings and meanings of human sexuality from a systemic perspective of holons, addressing the gender approach, from diverse sexualities, and the recognition of human rights.

To end this edition, the work presented by Claudia Arana and John Garcia with the theme **“Statistical validation of psychological well-being scale for young people in Medellin, Colombia”** indicates that from the statistical analysis it can be concluded that the EBP presents an adequate consistency, that the instrument with which the sample is being evaluated is appropriate to measure psychological well-being, and it can also be useful as a support for the diagnosis of psychological and psychiatric syndromes of this population for clinical or psychotherapeutic intervention processes.

We hope that this seventh issue will be a source of reference for the national and international scientific community interested in topics related to the field of health.